

MINUTES

Livable Communities Committee Meeting

Thursday, October 23, 2025

Seymour Town Hall - Flaherty Room

Members Present: Saundra Gesek, Elizabeth (Betty) Musto and Chairman Suzanne Reilly

Absent: Jennifer Behuniak

1. Call meeting to order: Reilly called the meeting to order @ 7:00 pm
2. Pledge of Allegiance: All stood for the Pledge of Allegiance
3. Public Comment: None
4. Approval of the September 25, 2025 Meeting Minutes - Saundra made a motion to approved the September 25, 2025 Minutes which was seconded by Betty. Motion carried.
5. Member Updates:
 1. Social Participation
 2. Respect & Social Inclusion
 3. Communication & Information

Suzanne reported that the Municipal Agent position has not yet be filled. Also, an updated contact list of Older Adults was received from the Community Center staff. The list are the prior members that haven't rejoined to date, ages 75 and older. On September 26, Betty and Suzanne began making calls utilizing the updated list. We were only able to speak to 4 of the 16 attempted calls and we found out some were in nursing homes or deceased. Nine personalized notes were sent out to those we were not able to reach. Information was shared with Community Center Staff.

Suzanne also reminded everyone about the Community Learning Session "Aging in Place in the Valley: Challenges, Barriers, and Opportunities." To be held on Wednesday, November 19 from 4:30 - 6:30 pm at the Seymour Community Center and encouraged members to attend.

The Shining a Spotlight on the Valley Region, an executive summary of the 2025 Valley Community Index was shared and suggested members take a look on line of the entire document for future discussion and planning. The link is....[Shining a Spotlight on the Valley Region | Valley Community Foundation.](#)

-
6. New Business: Suzanne shared the quarterly report that was sent in to the First Selectpersons in October. The staff at the community center shared that they have been experiencing greater need for Transportation for rides to the Center and also to medical appointments. Using a car or van would reduce costs for these services for individual rides.
Suzanne shared the draft of the flyer to be sent to our Older Adult on our list residents wishing them a Happy Holiday Season to include a letter, a list of available Community Services, the current Community Center Flyer, a Word Search and Word Scramble. Suzanne will coordinate with the Community Center Staff schedules to either get it out for Thanksgiving or Christmas. Suzanne reached out to the First Selectpersons office and spoke with Kurt regarding replacement for the vacated position after Tom LaPaglia's resignation last month. Kurt said they would make the appointment when the new terms come up in December.
 7. Prepare Agenda for Thursday, November 20, 2025 meeting.
Report on goals – create some action items froth coming months.
Approve the 2026 Meeting Schedule
AARP Grant planning
 8. Public Comment: None
 9. Betty made a motion to adjourn, and Sandra seconded the motion. Motion carried.
 10. The meeting adjourned at 8:23 pm

Respectively submitted by:

Suzanne Reilly, Chairperson