

MINUTES

Commission on Aging Committee Meeting

Thursday, November 6, 2025

Community Center Room 107

Members Present: Chairman Evelyn Molner, Kathryn Rich, Phyllis Jachimowski, Robert Newton, and Suzanne Reilly

Others Present: Mary McNelis and Morgyn Khoury

1. **Call meeting to order:** Molner called the meeting to order @ 10:02 am
2. **Pledge of Allegiance:** All present, stood and recited the Pledge of Allegiance
3. **Public Comment:** None
4. **Approval of the October 2, 2025 Meeting Minutes** - A motion was made by Newton/Molner to accept the Minutes. Motion passed 5-0.
5. **New Business:** Suzanne presented a proposed Meeting Schedule for 2026. A motion was made to approve the proposed meeting schedule for 2026 as presented, Molner/Newton. Motion carried. Copies of the quarterly report that was sent in to the First Selectpersons for the third quarter of the year was shared. Kathy shared a copy of the Voices insert listing the Seymour Community Center events. Suzanne shared copies of the The Shining a Spotlight on the Valley Region, an executive summary of the 2025 Valley Community Index and suggested members take a look online of the entire document for future discussion and planning. The link is....[Shining a Spotlight on the Valley Region | Valley Community Foundation](#).
6. **Senior Services Coordinator Report:** Morgyn updated us on the following report for November, The Veterans Brunch has 79 individuals registered already, Thanksgiving has 90 registered to date, a trip to the Shubert Theater has been added, Dance Fusion, Lunch & Learns on Beethoven have been added. An Ireland trip is planned for next Fall.

Morgyn reminded everyone about the Community Learning Session "Aging in Place in the Valley: Challenges, Barriers, and Opportunities." To be held on Wednesday, November 19 from 4:30 - 6:30 pm at the Seymour Community Center and encouraged members to attend.

7. **Director of Community Services Report:** Mary reported that Membership Numbers continue to rise...last month we were at 766 and we're now at 804 members which compared to last year at this time we were at 682.
There are many new members coming in. The staff at the community center shared that they have been experiencing greater need for Transportation for rides to the Center and also to medical appointments. Using a car or van would reduce costs for these services for individual rides. A few Members are now utilizing transportation provided to the luncheons. An open house will be offered next year. Exercise numbers are doing great averaging 35- 50 individuals per class.
8. **Municipal Agent Report** –The Municipal Agent position has not yet been filled. The position is currently being posted. Please direct interested persons to Contact Mary or the First Selectwoman's office.
9. **Old Business:** Parking continues to be a problem, and is becoming more challenging especially during the luncheons and busier times. It was also suggested that additional Handicapped parking be considered.
Commission on Aging members who are willing to assist with the Livable Communities Committee calls to our Seniors are asked to contact Suzanne. Calls are generally made Tuesday and/or Fridays about once per month.
10. **Public Comment:** None.
11. **Next Agenda Preparation:** The agenda for the next meeting December 4, 2025, will follow the same format as the November meeting.
12. **Adjournment:** Motion made Rich/Newton to adjourn. Motion passed 5-0.
Meeting was adjourned at 10:33 am.

Respectively submitted by:

Suzanne Reilly, Secretary