

## MINUTES

Livable Communities Committee Meeting  
Thursday, November 20, 2025 @ 7:00 pm  
Seymour Town Hall - Flaherty Room

Members Present: Jennifer Behuniak, Sandra Gesek, Betty Musto, & Suzanne Reilly

1. Suzanne called the meeting to order @ 7:03 pm.
2. Pledge of Allegiance: all stood for the Pledge of Allegiance.
3. Public comment: None present
4. Approval of the October 23, 2025, Meeting Minutes: Betty made a motion to approve the October 23, 2025, meeting minutes which was seconded by Sandra. Motion carried.
5. Member Updates:
  1. Social Participation
  2. Respect & Social Inclusion
  3. Communication & Information

Suzanne: Shares Sandra, Suzanne, & Betty attended the Aging in Place event hosted by the Valley Community Foundation. The members collected many useful hand outs including information on the Naugatuck Valley Health District's senior community programming, the 2025 Valley Community Index, and 2-1-1 resources. Suzanne brings up potentially leveraging the AARP funding in 2026 to do an emergency preparedness activity.

6. New Business:

Members review the proposed meeting dates for 2026.  
Betty makes a motion to update the 2026 meeting dates to remove the July, August, & December 2026 meeting dates. Motion carried.

Members decided to cancel the December 2025

7. Old Business: Members review new letter templates going out to the senior outreach. Members also decide some brain puzzles to send out alongside the letters. Members pick dates to meet for senior phone calls.
8. Prepared the Agenda for Thursday, January 22, 2026 meeting.

Set new committee goals for 2026.  
Brainstorm ideas for potential grant funding needs for 2026 initiative.
9. Public comment: None present.

10. Betty made a motion to adjourn, and Jennifer seconded the motion. The motion carried.

11. The meeting adjourned at 8:28PM.

Respectfully submitted,

Jennifer Behuniak, Secretary