

## **MINUTES**

### **Commission on Aging Committee Meeting**

Thursday, December 4, 2025

Community Center Room 107

**Members Present:** Chairman Evelyn Molner (arrived @ 10:20 am), Kathryn Rich, Phyllis Jachimowski, and Suzanne Reilly

**Others Present:** Mary McNelis and Morgyn Khoury

**Absent:** Robert Newton

1. **Call meeting to order:** Reilly called the meeting to order @ 10:12 am
2. **Pledge of Allegiance:** All present, stood and recited the Pledge of Allegiance
3. **Public Comment:** None
4. **Approval of the November 6, 2025 Meeting Minutes:** A motion was made by Rich/Jachimowski to accept the Minutes. Motion passed 3-0.
5. **New Business:** Suzanne led discussion on the Quarterly Report for the fourth quarter of the year (October to December) and was looking for suggestions for our next report. Parking and Transportation to Doctor's appointments concerns should be included. Suzanne believed some of our terms may be up this month and reappointments are expected to be happening at this evenings' First Selectpersons meeting. Those appointed will need to be sworn in at town hall before our next meeting. Suzanne complimented Mary for hosting "The Community Learning Session "Aging in Place in the Valley: Challenges, Barriers, and Opportunities." held on November 19. The event was well attended and Mary led with an excellent presentation.
6. **Senior Services Coordinator Report:** Morgyn mentioned that they will also be hosting an upcoming meeting of the CT Association of Senior Professionals, a director's round table discussion of program ideas, available grants, etc. The Holiday Get together has 80 members signed up to date, they are planning on setting up this event in the Gym to accommodate the large expected crowd and for space for the Band Jam and Ukelele Club, 20 members who will perform and showcase their musical talents. The German Club will be presenting the history of the Christmas tree for the Cookies and Cocoa free event. A new Tai Chi class will start in January in which a minimal fee will be charged, they have already met the minimum requirement for the class. The Scarf Dancing session sponsored by Griffin's Age Well Series was a great workout and fun! The same instructor will be leading the Tai Chi classes. Personal Training will now be offered in the evening and there will also be

offering evening Fitness Center hours. A trip to Aquaturf featuring Holiday Classics with the Cartells is scheduled for December 9. Casino Bus Trips continue using the Community Center Bus.

7. **Director of Community Services Report:** Mary reported that Membership Numbers continue to rise... last month we were at 804 and we are now at 829 members, +25; last year we were at 693 at this time. There are new members on a daily basis and they are signing up for programs. Space continues to be a challenge to accommodate the influx of new members as their need's warrants, especially during the hours between 10 am and 3 pm. The need for Transportation for rides to the Center and to medical appointments continues to increase. Using a car or van would reduce costs for these services for individual rides. Shopping transportation numbers average between 10 -15 individuals are picked up and dropped off at their homes, many are from Callahan House and Smithfield Gardens. Members are now utilizing transportation provided to the luncheons.
8. **Municipal Agent Report:** The Municipal Agent position is currently being posted. Calls in the interim are being referred accordingly. Please direct interested persons to contact Mary or the First Selectwoman's office.
9. **Old Business:** Commission on Aging members who are willing to assist with the Livable Communities Committee calls or our mailing to our Seniors are asked to contact Suzanne. We are meeting tomorrow and on next Friday. Phyllis said she will try to join us tomorrow. Suzanne shared the Snow Brigade flyer to member which is valued asset to our older adult community.
10. **Public Comment:** None.
11. **Next Agenda Preparation:** The agenda for the next meeting January 8, 2026, will follow the same format as the December meeting.
12. **Adjournment:** Motion made Molner/Rich to adjourn.  
Motion passed 4-0.  
Meeting was adjourned at 10:53 am.

Respectively submitted by:

Suzanne Reilly, Secretary