

MINUTES

Commission on Aging Committee Meeting

Thursday, January 8, 2026
Community Center Room 107

Members Present: Chairman Evelyn Molner, Phyllis Jachimowski, Robert Newton and Suzanne Reilly

Others Present: Mary McNelis and Morgyn Khoury

Absent: Kathryn Rich

1. **Call meeting to order:** Molner called the meeting to order @ 10:10 am
2. **Pledge of Allegiance:** All present, stood and recited the Pledge of Allegiance
3. **Public Comment:** None
4. **Approval of the December 4, 2025 Meeting Minutes:** A motion was made by Jachimowski/Molner to accept the Minutes. Motion passed 4-0.
5. **New Business:** Suzanne asked a question on the use of machines in the fitness center, a new member mentioned that she isn't familiar using the machines and was looking for instruction. Mary mentioned that staff are willing to assist when asked. AARP will be offering taxes in Oxford again this year. Suzanne mentioned Kathy Rich has been re-appointed and was sworn in at town hall before leaving for Florida.
6. **Senior Services Coordinator:** Morgyn reported that the new Tai Chi class is going well with 25 registered. Personal Training sessions are sold out. Dance Fusion classes have been popular. A new offering, Psychic Medium Patricia Griffin, a natural-born medium based in Monroe, Connecticut, will have a 1 pm and a 6 pm session offered on March 4.
7. **Director of Community Services Report:** Mary reported that Membership Numbers continue to rise... in December we were at 867 last year we were at 730 (+137). There are still new members on a daily basis and they are signing up for programs. In January, 65 individuals registered for Zumba Gold, the fitness classes area also well attended. With the added numbers space continues to be a challenge to accommodate the influx of new members using the building.
8. **Municipal Agent Report:** No news on the Municipal Agent position to date.

9. **Old Business: Parking** – there is discussion about increasing parking availability and to increase handicapped parking spots.
Transportation – Grocery Shopping continues to be popular. The quarterly reports will be submitted for the last quarter of 2025.
10. **Public Comment:** None
11. **Prepare Thursday, February 5, 2026 meeting agenda:** the same format will be followed.
12. **Adjournment:** A Motion was made by Newton/Molner to adjourn.
Motion passed 4-0.
Meeting was adjourned at 10:39 am.

Respectively submitted by:

Suzanne Reilly, Secretary